

**WEEK
1**



**Mighty
MONDAY**

**Tasty
TUESDAY**

**Roast of the Day
WEDNESDAY**

**Favourites
THURSDAY**

**Fish
FRIDAY**

**SAMMY
SWEETCORN
SAYS...**

'Enjoy your
lunch!'



OPTION 1

Chicken Shish
Kebab served
on Pitta Bread

OPTION 2

Authentic
Pitta Pizza (v)

OPTION 3

Pasta
Neapolitan (v)

**SANDWICH BAR
WITH NACHOS
& SALAD**

Tuna or Cheese

CARBS

Mexican Rice

**CLASSIC
DESSERT
(over 5's)**

Mini Doughnut
Ice Cream
Seasonal Fruit Salad

**DESSERT
(under 5's)**

**SAMMY'S
HEALTHY SNACKS**

Cucumber, Carrot, Pepper Batons or Pitta Sticks with Dips, Apple Slices with Chocolate Dip (Over 5's only)
or Yoghurt, Pineapple Slices with Yoghurt, Egg Nest, Cheese Twists

BBQ Chicken
Taco (Halal)

Tomato Pasta
Bake  (v)

Jacket Potato
with Cheese
& Coleslaw (v)

Tuna or Cheese

Herby Diced
Potatoes

Chocolate
Brownie 
Ice Cream
Seasonal Fruit Salad

Roast Chicken,
Stuffing & Gravy
(Halal)

Shepherdess
Pie (v)

Samosa

Tuna or Cheese

Mashed &
Roast Potatoes

Muffin Selection
Yoghurt
Seasonal Fruit
Salad

Wholemeal Cheese
& Tomato Pizza (v)

Chicken Tikka Wrap
(Halal)

Jacket Potato
with Cheese
& Baked Beans (v)

Tuna or Cheese

Potato
Wedges

Vanilla Iced
Sponge
Yoghurt
Seasonal Fruit Salad

Ocean Friendly
Fish Selection

Crispy Quorn
Dippers (v)

Jacket Potato
with Cheese (v)

Tuna or Cheese

Chips

Fruity Jelly
Fruit Sorbet
Seasonal Fruit
Salad

Yoghurt or Seasonal Fruit Salad

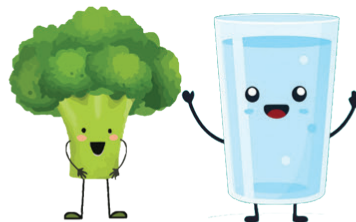
Main Meals are served with a varied choice of seasonal vegetables and a daily salad bar featuring seasonal super salads & freshly made bread.
Fresh fruit salads & yoghurt available daily.



SHIRE | **FRESH**
services | dining

 = Hidden Veg

**WEEK
2**



**Mighty
MONDAY**

**Tasty
TUESDAY**

**Roast of the Day
WEDNESDAY**

**Favourites
THURSDAY**

**Fish
FRIDAY**

**SAMMY
SWEETCORN
SAYS...**

'Enjoy your
lunch!'



OPTION 1

Beef Burger Bap
(Halal)

Lamb Shish Kebab
with Mint Yoghurt
(Halal)

Roast Chicken
(Halal), Yorkshire
Pudding & Gravy

Wholemeal
Cheese & Tomato
Pizza (v)

Ocean Friendly
Fish Selection

OPTION 2

Veggie
Sausage (v)

Classic Favourite
Sausage Roll (Ve)

Roasted Vegetable
Parcel (v)

BBQ Chicken Wrap
(Halal)

Crispy Quorn
Dippers (v)

OPTION 3

Tuna Pasta
Bake

Jacket Potato
with Cheese &
Coleslaw (v)

Jacket Potato
with Cheese
& Beans (v)

Roasted Veg
Pasta Bake (v)

Jacket Potato
with Cheese (v)

**SANDWICH BAP
WITH NACHOS
& SALAD**

Tuna or Cheese

Tuna or Cheese

Tuna or Cheese

Tuna or Cheese

Tuna or Cheese

CARBS

Potato Crunchies

Bombay Potatoes

Mashed &
Roast Potatoes

Potato
Wedges

Chips

**CLASSIC
DESSERT
(over 5's)**

Waffles
Ice Cream Tub
Seasonal Fruit
Salad

Shortbread Selection
Ice Cream Tub
Seasonal Fruit
Salad

Muffin
Selection
Yoghurt
Seasonal Fruit Salad

Chocolate
Brownie 
Yoghurt
Seasonal Fruit Salad

Fruit Sorbet
Yoghurt
Seasonal Fruit
Salad

**DESSERT
(under 5's)**

Yoghurt or Seasonal Fruit Salad

**SAMMY'S
HEALTHY SNACKS**

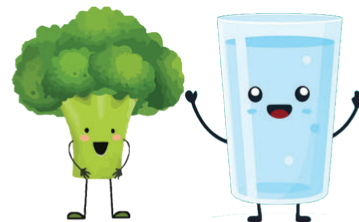
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**WEEK
3**



**Mighty
MONDAY**

**Tasty
TUESDAY**

**Roast of the Day
WEDNESDAY**

**Favourites
THURSDAY**

**Fish
FRIDAY**

**SAMMY
SWEETCORN
SAYS...**
'Enjoy your
lunch!'



OPTION 1

Original Chicken
Tikka Masala
(Halal)

BBQ Pulled
Quorn Taco (v)

Chicken Meatballs,
Mash & Gravy 
(Halal)

Wholemeal
Cheese & Tomato
Pizza (v)

Ocean Friendly
Fish Selection

OPTION 2

Pasta
Neapolitan (v)

Chicken Nuggets
(Halal)

Golden Cheddar
Cheese &
Potato Pie (v)

Peri Peri Chicken
Wrap (Halal)

Oven Baked
Mac 'n' Cheddar
Cheese (v)

OPTION 3

Jacket Potato
with Cheese
& Beans (v)

Tomato Pasta
Bake  (v)

Jacket Potato
with Cheese
& Beans (v)

Jacket Potato
with Cheese
& Coleslaw (v)

Jacket Potato
with Cheese (v)

**SANDWICH BAP
WITH NACHOS
& SALAD**

Tuna or Cheese

Tuna or Cheese

Tuna or Cheese

Tuna or Cheese

Tuna or Cheese

CARBS

Rice

Herby Diced
Potatoes

Roast Potatoes

Potato Wedges or
Brown & White Rice

Chips

**CLASSIC
DESSERT
(over 5's)**

Marble Sponge
& Choc Sauce
Ice Cream Tub
Seasonal Fruit Salad

Chocolate
Crowns
Ice Cream Tub
Seasonal Fruit Salad

Ice Cream
Yoghurt
Seasonal Fruit
Salad

Cookie
Selection
Yoghurt
Seasonal Fruit Salad

Fruity Jelly
Yoghurt
Seasonal Fruit
Salad

**DESSERT
(under 5's)**

Yoghurt or Seasonal Fruit Salad

**SAMMY'S
HEALTHY SNACKS**

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